



## Not Just Another Retreat Centre

A journey to Poinciana Seaside Resort & Retreat Centre in North Bali is indeed a process of *hidup harmonis*, or living in natural balance. Tucked away in a remote village, between the mountains and the water's edge, far from the hustle and bustle of Ubud and the South, one can cleanse the soul by the ocean, a symbol of purity, within the protection of the ridge of mountains that stand to represent man's connection to the gods, an integral part of the Tri Hita Karana, Bali's fundamental philosophy of the three components to a balanced, harmonized life; the connection among people, the connection with the spiritual and the connection with nature. Poinciana is not just a retreat venue, it's an embodiment of this philosophy whereby we strive to not only host your retreat, but enhance the experience by providing a sanctuary for people to meet, share experiences and learn, nourishing our guests with the best of Bali's fresh, natural ingredients, while helping the retreat leaders choose and organize activities that reinforce and support their workshop goals.

## Come and Visit

Your choice of venue is the most important retreat planning decision you will make. It is vital that your venue partner is not only the right fit for your retreat, but also there to support the process. We would like to extend an invitation to you one night complimentary accommodation, so you can come and experience Poinciana Seaside Resort and Retreat Centre for yourself. Come and connect with us to find out how we can help you create the perfectly natural and naturally perfect retreat experience at Poinciana Seaside Resort & Retreat Centre: [info@poincianaresortbali.com](mailto:info@poincianaresortbali.com)



## Poinciana Facilities

Poinciana Resort is the perfect venue for retreats for up to 25-30 people. Poinciana has a mix of double, twin share and triple share rooms and may be able to accommodate more participants if you have couples joining your retreat. Lounge by one of their two swimming pools or indulge yourself at the on-site spa, which offers a selection of treatments. There are several workshop spaces, both air conditioned and open-air, as well as lawn, beach and pool deck areas perfect for doing early morning or sunset yoga and group activities. The intimate setting provides an excellent atmosphere that fosters communication and positive group dynamics. It's hard to imagine a more perfect setting for a retreat than the lush gardens of Poinciana on the shores of the Bali Sea. We can help you arrange whatever you need and assist you with preplanning your event to make sure everything goes according to specifications.



## Poinciana Food

Picture the sun setting over the Bali Sea as you watch the lights of the fishing boats appear on the horizon, waves gently lapping at the shore while you enjoy a lemon grass tea, or one of their signature combinations from the Poinciana juice menu, surrounded by the scent of incense and Frangipani flowers. Create your individual dining experience - choose to dine in the open-air Restaurant, in the newly renovated lounge & juice bar, or opt to take your dining sea side to one of the terraces overlooking the ocean. Poinciana takes pride in serving the freshest ingredients, featuring Balinese, Indonesian and Western cuisine. We use only freshly-caught local fish and locally raised poultry for our non-vegetarian menu. We have also developed a healing foods menu to cater to vegetarian and vegan guests. When it comes to retreats, regardless of how beautiful the setting, how intriguing the workshops or how comfortable your accommodation, if the food isn't good - that is what people will remember! Poinciana will work with you to customize our retreat menu that we have developed and specifically designed to not only be nutritionally balanced, but one of the highlights of your event. To find out more about your menu options for your retreat, don't hesitate to contact us at [info@balibiuretreatcompany.com](mailto:info@balibiuretreatcompany.com)



## The Location

Poinciana Seaside Resort and Retreat Centre is located in the regency of Tejakula, on the north east coast of Bali. North Bali is dotted with idyllic, quiet seaside villages that offer the serenity of a true retreat destination. Unlike many other parts of Bali, the North Coast remains relatively untouched by tourism and Western influence. Far from the hustle and bustle of the South and Ubud, the beaches of North Bali, that range from white to volcanic black sand, are home to some of the best fishing, diving and snorkeling spots on the island. From secret waterfalls to the oldest temples, this little explored part of the island offers some fantastic hidden gems not written about in any guide books. On an island that has become a retreat mecca, it can be difficult to set your retreat apart from all the others. North Bali has activities to offer that you won't find anywhere else on the island, as well as Balinese cultural activities to gain a better understanding and deeper insight into a society whose rituals and ceremonies have remained unchanged for hundreds of years. It's the ideal environment in which to connect with each other, with nature and with spirituality. Om Santi Santi Santi Om.

## Our Day Tours

We have a wide range of day tours that can be done with a start point from anywhere on the island, here are just a few of our options. All of the Bali Biu Retreat Company day tours are 6 – 8 hours unless otherwise noted. For more information pricing and to find out how we can fully customize a day tour for your group, contact us at [info@poincianaresortbali.com](mailto:info@poincianaresortbali.com).



**Banjar Tour** – See the largest Bhuddist temple in Bali. Built late in the 20<sup>th</sup> century, it is a complex of 5 distinct areas, each dedicated to a particular activity for the Buddhist monks, from living quarters and study areas to a meditation hall. Then visit the Kekeran rice terrace, after which you can Immerse yourself in the therapeutic hot springs.



**Munduk Tour** – Explore Bali at a higher altitude and take a scenic drive through traditional villages to soak up the breathtaking landscape of the Munduk area. You will also visit Munduk waterfall and have the chance to marvel at the beauty and engineering of the spectacular rice terraces that Bali is famous for.



**Bedugul Tour** – See Git-Git waterfall and visit the Bedugul traditional market. Then it's on to see the Pacung rice terrace and stop for lunch (not included). The last stop is Pura Ulun Danu, also known as 'the floating temple'.



**Ubud Tour** – The Ubud tour starts with a tour of the coffee plantation and your chance to experience *Kopi Luwak*, the most unique coffee in the world. Then we take you to the Tegallalang rice terraces, a marvel of engineering and beauty, followed by the famed Ubud monkey forest, then a stop at the Ubud market for a bit of browsing or shopping.



**Batur Volcano Trek** – Trek up the volcano with an experienced guide to watch the sun rise over the stunning Balinese landscape. Enjoy a breakfast of coffee and eggs cooked over volcanic steam vents. This is only recommended for those who are in good physical condition. 3:30am start.



**Aling Aling Waterfall Trek** – This little known jewel of the North is a collection of cascading waterfalls into crystal clear swimming pools at different levels. It also boasts cliff jumping points and two natural waterfalls. This tour is only available during dry season.

## Poinciana Activities & Excursions

Whatever retreat experience you are looking to create, we are here to help you. Poinciana has a wide range of activities, excursions and day trips that can be fully customized to not only fill the down time, but enhance your workshops. Bali is a complete sensory experience. Whether you are looking to have your participants experience the sights, sounds, smells and tastes of the island, looking to connect with Bali's spiritual side, wanting to discover Bali off the beaten track, or looking to create a wild adventure to take on the challenges that Bali has to offer, we can help you find the perfect activities to compliment your retreat at Poinciana. Of course, if you are simply looking to create a relaxing time for your participants to get back in touch with themselves, destress and do nothing but relax in lush, tropical environment that offers peace and serenity, we are happy to leave you to your own devices.

### Activities

These are just some of the activities we can arrange for your group, on-site at Poinciana:

- Bali Offering Making Class
- Balinese Cooking Class
- Balinese Dance performance
- Spa Treatments
- Balinese Dance Lesson
- Beach or Terrace Bonfire
- Snorkelling
- Refining the art of doing nothing

### Excursions

We have several excursions in the area, unique to the North Coast that you won't find offered anywhere else. The excursions can be done either in the morning or afternoon, or as a combination for a whole day excursion.

**Yeh Mampeh Waterfall** – A 2 km hike takes you through plantations and jungle to experience the power of this natural wonder. Along the way, your guide will also talk about how the forests are respected by the Balinese as a protector and provider, explaining how the Balinese have traditionally used the jungles for everything from traditional medicines and agriculture to construction and spiritual sanctuary.

**Sunrise Dolphin Watching Boat Cruise** – Take a traditional *jukung* out to join the dolphins for a spectacular sunrise off the north coast. Spotted dolphins, spinner dolphins and bottle nosed dolphins are among the species in the area. It's a 6am start right from the beach at Poinciana. Return time is before breakfast, so it leaves the rest of the day for other activities.

**Village Excursion** – Get out and explore the surrounding area! Visit Ponjok Batu, one of Bali's seven sacred sea temples, built in the 15<sup>th</sup> century. Then stop at Surya Indigo to learn the art of traditional loom weaving. You will also see how sea salt is produced with a special technique using volcanic sand filtration, unique to this area and visit the public baths that once served as a horse bathing facility during the Dutch occupation of Indonesia.



## Poinciana Accommodation

All villas are spacious and well-appointed with locally crafted décor and furniture, and all have comfortable outdoor terraces. Every room is air-conditioned with en suite bathrooms with hot water. There are Single, double twin share and triple share accommodation options. From your room you can enjoy expansive views of the gardens and/or sea and only a few steps away from the swimming pools, sea and restaurant. For your comfort a small refrigerator and tea and coffee making facilities are provided. Free WiFi in designated areas is available.

## Poinciana Villa Description and Bed Configuration

**Beach Villas** – With their prime location, the 2 Beach Villas, located closest to the beach, each have a queen bed, en-suite, large front terrace, kitchenette, air-conditioning, coffee and tea making facilities, mini-bar and spectacular sea views.

**Garden Villas** – nestled amongst the tropical flora of the Poinciana gardens, the three Garden Villa rooms each have an ensuite, air-conditioning, coffee and tea making facilities and mini-bar. Two garden villa rooms have three single beds and one room has a queen bed and single bed.

**Paradise Villa** – located in its own private courtyard, the two-storey Paradise Villa has a large upstairs room with a queen bed, en-suite, air-conditioning and two outside seating areas – one overlooking the ocean, the other overlooking the mountains. There are 2 bedrooms on the main floor. Each room has one queen bed, its own ensuite, air-conditioning, coffee and tea making facilities, and mini-bar.

**Family Villa** – The Family room consists of a main 'master' bedroom which overlooks the ocean. It has a queen bed, its own en-suite, air-conditioning, coffee and tea making facilities, mini-bar, kitchenette and lounge area with comfortable seating. There are also two other bedrooms, both of which have queen beds. Both of these bedrooms have their own en-suite, air conditioning, coffee and tea making facilities, mini-bar and open up onto shared lounge area. Each room also has a separate entrance. The family villa has a large wrap around patio overlooking the ocean.

**Waterlily Villa** – The Waterlily Villa has two bedrooms, one with a queen bed and one with two single beds, each with their own en suite, air-conditioning, coffee and tea making facilities, mini-bar and terraces overlooking the main swimming pool.

**Hibiscus Villa** – The Hibiscus Villa has two bedrooms, one with a queen bed and one with two single beds, each with their own en suite, air-conditioning, coffee and tea making facilities, mini-bar and terraces overlooking the main swimming pool.

**Orchid Villa** – The Orchid Villa has one bedroom with a queen bed and one bedroom with two single beds. Each room has its own en suite, air-conditioning and separate terraces, facing the main swimming pool and gardens. The rooms open up to a shared living room and kitchenette.

**Frangipani Villa** - Our Frangipani Villa has two bedrooms, each with a double bed, both with their own en-suite and air conditioning. This villa also has a shared living room and kitchenette with a generous terrace, facing the main swimming pool and gardens.

**Poinciana Villa** – The Poinciana Villa has two bedrooms with double beds, each with their own en suite. The rooms are accessed through a shared lounge area. A kitchenette and dining area are connected to the lounge.

## Retreat Package Pricing

**Single:** Rp.1,200,000 / person per day  
**Twin Share:** Rp.950,000 / person per day  
**Triple share:** Rp.800,000 / person per day

The retreat package pricing includes accommodation, three gourmet vegetarian, non-vegetarian or vegan meals per day, exclusive use of all workshop spaces, equipment, facilities and 15% government tax & service.

For more information contact us at: [info@poincianaresortbali.com](mailto:info@poincianaresortbali.com)

